

Lesson	Week Beginning	Year 7	Year 8	Year 9	Year 10	Year 11
1	05 September 2022	Establishing and Managing Friendships	Energy Drinks and their Dangers	Healthy and Unhealthy Friendships	Adolescence: Managing Emotions	Perseverance and Procrastination
2	12 September 2022	Identifying and Managing Emotions	Habit and Dependence	Types of Behaviour and Communication	Reframing Negative Thinking	The Importance of Sleep
3	19 September 2022	Personal Strength and Development	Risks of Alcohol and Smoking	Risks and Influences Online and Offline	Signs of Emotional and Mental Ill-Health	Dealing with Change
4	26 September 2022	Improving Study Skills	Medicinal and Recreational Drugs	Drugs and Alcohol	Promoting Mental and Emotional Wellbeing	Exam Stress Management
5	03 October 2022	Independent Travelling Safety	Using Medication Safely	Gang Culture	Mental Health and the Media	Creating Online Content
6	10 October 2022	Personal Safety and Basic First Aid	Promoting Positive Social Attitudes	Knife Crime	Challenging Stereotypes: Misinformation	Managing Time Effectively
HT	17 October 2022	Half Term				
7	24 October 2022	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
8	31 October 2022	Essential Skills	Work/Life Balance and Equality	Skills and Qualities	Electoral Systems	Using Constructive Feedback
9	07 November 2022	What is CEIAG?	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths	Collection of Data and Targeted Advertising	Writing CVs and Personal Statements
10	14 November 2022	Skills and Qualities	Types of employment	Managing Emotions in the Workplace	Key Elements of The UK Constitution	Interview Technique
11	21 November 2022	Identifying future careers aspirations	Goal Setting	P16 Options	Budgeting, Saving and Debt	Maximising Employability Including Online
12	28 November 2022	Challenging Stereotypes: Careers	Options For Year 9	Year 10 Options	Gambling and Debt	Rights and Responsibilities: Part Time
13	05 December 2022	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
14	12 December 2022	Identity and Rights	Influences on Beliefs and Decisions	Types of Families	Relationship Values and The Role of Pleasure	Core Values and Emotions
HT	19 December 2022	Half Term				
HT	26 December 2022	Half Term				
15	02 January 2023	Living in a Diverse Society	Self Worth and Self Confidence	Types of Parenting	Misconceptions in Relationships	Gender Identity and Sexual Orientation
16	09 January 2023	Challenging Stereotypes: Diversity	Gender Identity	Positive Family Relationships	Risks and Benefits of Online Relationships	Communication in Relationships
17	16 January 2023	Bullying and Cyberbullying	Equality Act and Protected Characteristics	Types of Conflict	Media Impact on Sexual Expectations	Handling Unwanted Attention and Challenging Harassment
18	23 January 2023	Being an Upstander (Response)	Challenging Discrimination: Gender	Conflict Resolution Strategies	Consent: Manipulation and Co-Ercion	
19	30 January 2023	Supporting Others	Challenging Discrimination: Racism	Managing Family Changes	Challenging Victim Blaming	Relationships and Abuse
20	06 February 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Unhealthy and Exploitative Relationships
21	13 February 2023	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health	Role Models and Their Influence	Forms of Government
HT	20 February 2023	Half Term				
22	27 February 2023	Having a Healthy Diet	Daily Wellbeing	Work Life Balance	Media Portrayal of Gang Culture	Improving Your Local Community
23	06 March 2023	Personal Hygiene	Developing Resilience: In Person	Healthy Eating	Impact of Drugs and Alcohol on Others	Dealing with Complex Issues Within the Law
24	13 March 2023	Dental and Physical Health	Developing Resilience: Digital	Influences on Body Image	Managing Peer Influence	Screening and Self Examination
25	20 March 2023	FGM	Healthy and Unhealthy Coping Strategies	Taking Responsibility for Your Health	Exit Strategies for Pressured Situations	Consmetic and Aesthetic Body Alterations
26	27 March 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
HT	03 April 2023	Half Term				
HT	10 April 2023	Half Term				
27	17 April 2023	Developing Self Worth	Forming Positive Relationships	Sexual Choices	Inclusion and Belonging Within Communities	Changing Family Structures
28	24 April 2023	Types of Positive Relationships	Gender vs Sex	Consent: Misconceptions, Capacity and Rights	Equality Act and Protected Characteristics	Fertility
29	01 May 2023	Relationships and Gender	Consent: The Law	STDs and Safer Sex	Social Media: Influences on Beliefs and Opinions	Ready for Parenthood
30	08 May 2023	Challenging Stereotypes: Media	Sexting	Consequences of Unprotected Sex	Managing Conflicting Views	Unplanned Pregnancy
31	15 May 2023	Expectations in Romantic Relationships	Contraception	Relationships in the Media	Challenging Discrimination	Loss and Grief
32	22 May 2023	Consent: Seeking and Communicating	Social Media and Online Grooming	Sexual Risks of Social Media	Recognising and Responding to Radicalisation	Forced Marriage
HT	29 May 2023	Half Term				
33	05 June 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	
34	12 June 2023	Roles of Citizens, Parliament and Monarchs	The Political System	Legal and Illegal Finacial Activities	Evaluating Strengths and Weaknesses	
35	19 June 2023	British Law	How Parliament Works	Risk and Finacial Activities	Oppourtunities in Learning and Work	
36	26 June 2023	Community Links	How The Justice System Works	Living On Your Own: Types of Accomodation	Responsibilities in the Workplace	
37	03 July 2023	Money Choices: Borrowing, Budgeting, Spending	Human Rights	Living On Your Own: Bills and Utilities	Building on and Learning from Work Experience	
38	10 July 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback	