

# LIONHEART LUNCHES MENU

WEEK 4

At JUDGEMEADOW COMMUNITY

MAIN

**MONDAY**

**HALAL CHICKEN BURGER  
IN A BUN**

**TUESDAY**

**HALAL JERK CHICKEN**

**WEDNESDAY**

**HALAL SWEET CHILLI  
CHICKEN**

**THURSDAY**

**HALAL LAMB  
ENCHILADAS**

**FRIDAY**

**COATED FISH**

VEGGIE/  
VEGAN

**VEGETABLE BURGER  
IN A BUN**

**JERK QUORN**

**SWEET CHILLI QUORN**

**VEGETABLE  
ENCHILADAS**

**CHEESE PASTRY**

SERVED WITH

**POTATO WEDGES**

**SUNSHINE RICE  
KIDNEY BEANS**

**NOODLES**

**POTATO CUBES  
MIXED VEGETABLES**

**CHIPS  
BEANS  
PEAS**

**Jacket Potato with fillings** – Baked beans & cheese, tuna mayo, cheese, butter

**Bakery options** – An assortment of Paninis, Wraps, Baguettes and Sandwiches available daily

Selection of fruit & yoghurts available.



**LIONHEART  
EDUCATIONAL  
TRUST**